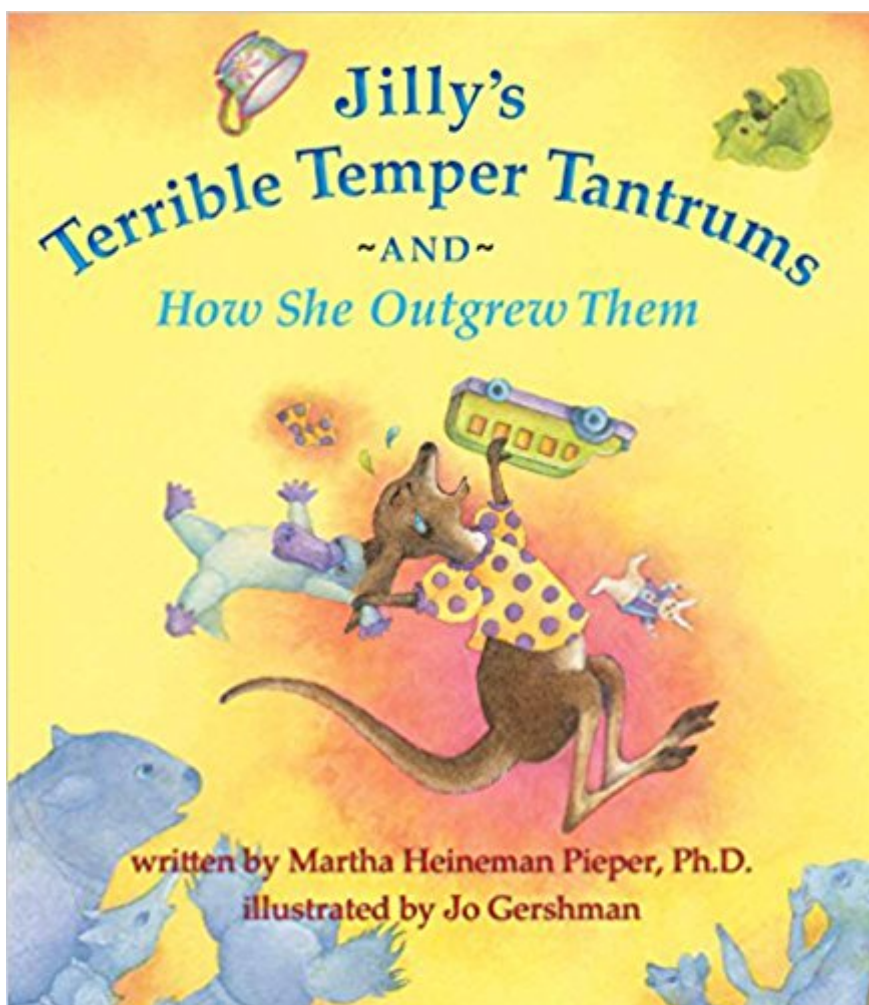


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# Jilly's Terrible Temper Tantrums: And How She Outgrew Them



## Synopsis

When Jilly, a happy little kangaroo, has a series of Terrible Temper Tantrums, her parents lovingly help her through them. Children will be very familiar with the frustrations that trigger Jilly's upset feelings, and will applaud her dawning understanding that seeking help and a hug is far superior to the misery of a temper tantrum. Winner of a Gold Mom's Choice Award, First Place in Purple Dragonfly Awards in the categories of Picture Books and Growing Pains, National Parent Product Award Winner.

## Book Information

Library Binding: 32 pages

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Average Customer Review: 4.5 out of 5 stars 18 customer reviews

Best Sellers Rank: #14,500 in Books (See Top 100 in Books) #77 in Books > Children's Books > Growing Up & Facts of Life > Family Life > Parents #117 in Books > Children's Books > Growing Up & Facts of Life > Health #196 in Books > Children's Books > Growing Up & Facts of Life > Friendship, Social Skills & School Life > Emotions & Feelings

Age Range: 4 - 8 years

Grade Level: Preschool - 3

## Customer Reviews

Jilly the Kangaroo is very easily frustrated and has no patience. Any parent raising a small child can relate to this. Jilly doesn't want to wait, doesn't like to compromise, and wants everything her way. Yet, with tons of patience, love, soothing words and cuddles, her Mother and Father manage to calm Jilly the Kangaroo down time after time until Jilly learns to use her words to voice her feelings before her negative emotions burst out. Jilly's Terrible Temper Tantrums is a wonderful text that teaches children how to manage their big emotions in a healthy way for a positive outcome.

--Kristine Daniels (Librarian). Netgalley.com An impressive blend of original and entertaining storytelling with colorfully charming illustrations, Jilly's Terrible Temper Tantrums: And How She Outgrew Them is very highly recommended and certain to be an enduringly popular, 'kid friendly'

addition to family, preschool, elementary school, and community library picture book collections.

--Midwest Book Review  
Five stars! I loved this book! As a preschool teacher, it has everything that I'm looking for in a book to share with my class. The artwork is beautiful and the story has direct applications to children and helping them grow into kind and compassionate adults. I love that the adults in the book explain what is happening and put words to Jilly's feelings, validating them while not giving in to her tantrums. I love that Jilly learns from her past experiences and knows that when she needs support, she can always just ask for it. I absolutely love this book from both a teaching perspective as well as helping parents use more effective discipline strategies. An awesome find and a book I definitely want to get in my classroom! --Mandy Bartmess (teacher) netgalley.com

Martha Heineman Pieper, Ph.D. is a psychotherapist who works with children and parents, and serves as a consultant to agencies and other mental health professionals. She authored the first book in this series, the award-winning *Mommy, Daddy, I Had a Bad Dream!* And she co-authored with William J. Pieper, M.D., the bestselling parenting book *Smart Love: The Comprehensive Guide to Understanding, Regulating, and Enjoying Your Child* and the popular adult self-help book *Addicted to Unhappiness*. For over 35 years, she has counseled parents and helped children of all ages recover from emotional problems. Her work is the foundation for the non-profit agency Smart Love Family Services, which provides a broad spectrum of counseling and educational services to children and families. A Phi Beta Kappa graduate of Radcliffe College, she earned her doctorate at the University of Chicago.

*Jilly's Terrible Temper Tantrums And How She Outgrew Them* is a children's book written by Martha Heineman Pieper, Ph.D. This is a great book for children as well as parents. I actually read this with my granddaughter, who is two and a half years old, and she loved it! Jilly is a cute little kangaroo that struggles with something all children experience...wanting to get their way and not understanding when they don't. The story offers various times she has a temper tantrum and how her parents help her to deal with them. The illustrations are adorable, and the story is short enough to hold a child's attention. It is written in such a way that a child will be able to relate to Jilly, while at the same time, a parent can point out why this type of behavior doesn't help the situation. This book is about teaching a child healthy ways to handle their frustrations without disciplining them. I have used this method with my own children and found it to be extremely effective. I would definitely recommend this book for anyone with a child between three to seven years old. Thank you to the author, Smart Love Press and NetGalley for allowing me the opportunity to read and review this book.

As a teacher and a parent-thank you! This book really helps children talk about their feelings when they see Jilly become so upset in the story. It provides the perfect opportunity to talk about how hard it feels to be upset and what we can do to help children feel better. What I find to be most meaningful is that over time you can see (as I have in my classroom and in my home) that when you regulate with warmth and understanding, children actually become more self-regulated while sharing their unhappy feelings. After both my wife and I read the story to our kids, she said if you think about it, when adults feel upset, what would we want-someone to be understanding and try to help us feel better or someone to make us feel badly and then use some punitive measure to teach us a lesson? Not to mention that when my wife or I have lost our cool with our kids, we then see them acting this same way with their siblings and friends when they are upset. This adorable story really demonstrates the best balance of guiding kids when they feel upset-it's not punitive or permissive. The explanation of loving regulation at the end of the book really helps to frame this. It makes sense that Jilly is able to become more self-regulated and stay close to her parents because that is how her parents are caring for her. This story is not only terrific for kids, but also for parenting (and teaching) with the future in mind!

Jilly's Terrible Temper Tantrums: And How She Outgrew Them by Martha Heineman Pieper is a delightful story about a happy little kangaroo who has a series of Terrible Temper Tantrums. It shows how her parents lovingly help her through them. I gave it four stars because it can help children learn how to manage their feelings in healthy ways rather than throwing a tantrum. It is beautifully illustrated by Jo Gershman and a pleasure to read. It's written for ages three to seven. I received a complimentary Kindle copy from Smart Love Press, LLC and NetGalley. That did not change my opinion for this review. [Link to purchase: Jilly's Terrible Temper Tantrums: And How She Outgrew Them](#)

This was a fun picture book that teaches children to use their words instead of throwing temper tantrums. We especially liked that Jilly was shown loving correction in the midst of her tantrums and that her parents provided love and affection throughout, allowing Jilly to see that while they did not agree with her behavior, they still love her. This book would be wonderful to read to a child who struggles with regulating their behavior when they are disappointed. I received a digital copy of this book from Netgalley in exchange for an honest review.

This is a wonderful, playful, and informative book! Good for parents and kids alike. It is so refreshing to read a book that offers parents the opportunity to both wholeheartedly love and guide their children through those inevitable temper tantrums that all kids go through. It is an optimistic book because Jilly outgrows her temper tantrums when she learns to handle her upset feelings by turning to her parent for comfort in order to weather the storm and get back on track. All kids want to be loved, especially in those moments when they feel so unhappy and out of control. Love and loving regulation is the best medicine. I highly recommend this book.

As a child psychologist for over 20 years, I often search for books that provides parents with accurate advice about how best to respond to children's negative feelings or difficult behavior. This is it and it should be in every pediatrician's office!!! Too often parents are told to either ignore children's negative behavior or to punish them for being unhappy. The problem with this advice is that it does not take into consideration children's immaturity and their developmental needs. Children often get upset when they don't get what they want and they need our help to feel better. Jilly's Terrible Tantrums is a beautiful illustration of how parents can respond in kind, loving ways while also regulate a child's behavior without making them feel badly about themselves. Ultimately, this helps the children learn positive ways of coping with their feelings--mainly to turn to their parents or other loving adults to express themselves and to get support. Isn't that what every parent wants for their child?!

A wonderful and beautifully illustrated story about something we all have faced....temper tantrums! Jilly seems to have melts downs quite a bit but slowly over time she learns how to manager her emotions better. This is a great book to help ease children when they have an instant reaction that leads to a temper tantrum. This book can work as a aid to talking to children about temper tantrums and helping build dialogue and communication to help work through the emotions that cause the melt downs in the first place. A great book for kids and parents alike.

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Jilly's Terrible Temper Tantrums: And How She Outgrew Them Turning Tantrums Into Triumphs: Step-By-Step Guide To Stopping Toddler Tantrums She Believed She Could So She Did Adult Coloring Book with Inspirational Quotes: A Coloring Book for Grown-Ups Providing Relaxation and Encouragement ... and assist with Anti-Stress and Mindfulness) She Believed She Could So She Did She Believed She Could So She Did - A Daily Gratitude Journal | Planner She Believed She Could So She Did - A Journal: (Sunflower) She Believed She Could, So She Did: A Beautiful Blue

Butterfly Design Notebook/Journal For You She Believed She Could, So She Did: Inspirational Purple Cover Design Notebook/Journal for You She Believed She Could So She Did: 8 x 10 Bullet Journal - Blank Notebook with Quote Cover, 1/4 inch Dot Grid with 160 Pages, Sturdy Matte Softcover, ... Paper, Perfect Bound, Travel Size Diary Book Unicorn Journal She Believed She Could So She Did: Quote Inspirational, Magical 8 1/2 x 10 1/2 • Bullet Journal - Blank Notebook, 1/4 inch Dot Grid with 160 ... Diary for Kids, Teens, Men & Women She Believed She Could So She Did Journal (Diary, Notebook): XL 8.5 x 11 (Journals For Women To Write In) She Believed She Could So She Did: Bullet Grid Journal, 150 Dot Grid Pages, 8"x10", Professionally Designed Mercy Thompson: Hopcross Jilly (Mercy Thompson Novels) Hell's Angels: A Strange and Terrible Saga: A Strange and Terrible Saga Flavored Butters: How to Make Them, Shape Them, and Use Them as Spreads, Toppings, and Sauces (50 Series) Essential Spices and Herbs: Discover Them, Understand Them, Enjoy Them Think...like a Bed Bug: A Guide To Knowing What Bed Bugs Are, Who's At Risk, How You Get Them, How To Spot Them Early, Health Implications, Prevention ... Tips, And What To Do If You Get Them! Mad at Everything: How to Control Your Temper, Let Go of Anger, and Live a Happier Life: Your Guide to Anger Management, Controlling Your Frustration, and Living a Happier Life The Mess Detectives and the Case of the Lost Temper (I Can Read! / Big Idea Books / VeggieTales) What to Do When Your Temper Flares: A Kid's Guide to Overcoming Problems With Anger (What to Do Guides for Kids)

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